

# Short-Form McGill Pain Questionnaire

Ronald Melzack

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

	<b><u>NONE</u></b>	<b><u>MILD</u></b>	<b><u>MODERATE</u></b>	<b><u>SEVERE</u></b>
THROBBING	0 _____	1 _____	2 _____	3 _____
SHOOTING	0 _____	1 _____	2 _____	3 _____
STABBING	0 _____	1 _____	2 _____	3 _____
SHARP	0 _____	1 _____	2 _____	3 _____
CRAMPING	0 _____	1 _____	2 _____	3 _____
GNAWING	0 _____	1 _____	2 _____	3 _____
HOT-BURNING	0 _____	1 _____	2 _____	3 _____
ACHING	0 _____	1 _____	2 _____	3 _____
HEAVY	0 _____	1 _____	2 _____	3 _____
TENDER	0 _____	1 _____	2 _____	3 _____
SPLITTING	0 _____	1 _____	2 _____	3 _____
TIRING – EXHAUSTING	0 _____	1 _____	2 _____	3 _____
SICKENING	0 _____	1 _____	2 _____	3 _____
FEARFUL	0 _____	1 _____	2 _____	3 _____
PUNISHING-CRUEL	0 _____	1 _____	2 _____	3 _____

NO PAIN |-----| WORST POSSIBLE PAIN

### Present Pain Intensity

- 0 No pain \_\_\_\_\_
- 1 Mild \_\_\_\_\_
- 2 Discomforting \_\_\_\_\_
- 3 Distressing \_\_\_\_\_
- 4 Horrible \_\_\_\_\_
- 5 Excruciating \_\_\_\_\_

The short-form McGill Pain Questionnaire (SF-MPQ): Descriptors 1-11 represent the sensory dimension of pain experience and 12-15 represent the affective dimension. Each descriptor is ranked on an intensity scale of 0 = None, 1 = Mild, 2 = Moderate, 3 = Severe. The Present Pain Intensity (PPI) of the standard long-form McGill Pain Questionnaire (LF-MPQ) and the visual analogue (VAS) are also included to provide overall intensity scores. © R. Melzack, 1984